

**BASIC HAND COMBINATIONS – ATTACK BY COMBINATION (ABC)**

- 1) **JAB, CROSS, HOOK**
- 2) **JAB, HOOK, CROSS**
- 3) **CROSS, HOOK, CROSS**
- 4) **CROSS, UPPERCUT, CROSS**
- 5) **JAB, CROSS, UPPERCUT**
- 6) **OVERHEAD, UPPERCUT, OVERHEAD**
- 7) **UPPERCUT, OVERHEAD, UPPERCUT**
- 8) **CROSS, BODY HOOK, CROSS**
- 9) **REAR UPPERCUT, HOOK, CROSS**
- 10) **LEAD UPPERCUT, CROSS, HOOK**
- 11) **JAB, LEAD UPPERCUT, CROSS**
- 12) **JAB, CROSS, REAR UPPERCUT**
- 13) **HOOK, CROSS, LEAD UPPERCUT**
- 14) **CROSS, HOOK, REAR UPPERCUT**

**\*\* ADD TWO KICKS ON END \*\***